Keep It Private

- Don't share personal information like your email address, home address, or date of birth.
- Don't add people you do not know.
- Turn OFF location sharing.

Keep It Nice

- Don't post negative comments on someone's page.
- If you wouldn't say it to someone's face, don't say it online.
- Be the same person online as you would be in real life.

Keep It Healthy

- Find a healthy balance with screen time; it may be addictive.
- Avoid gaming or screen time for at least an hour before bedtime.
- Don't let the number of "likes" define you as a person.

Talk to Your Parents

- You can always talk to your parents if you are worried or uncomfortable about anything online.
- Sometimes you won't know the best thing to do, and that's okay. Talk about it with an adult first.

Additional resources:

- https://edu.gcfglobal.org/en/internetsafetyforkids/teaching-kids-about-internet-safety/1/
- https://netsanity.net/blog/

TIPS FOR STAYING SAFE ON SOCIAL MEDIA

- **Screen Name:** When creating your screen name, do not include personal information like your last name or date of birth.

- **Passwords:** Don't share your password with anyone but your parents. When you use a public computer, make sure you logout of the accounts you've accessed before leaving the terminal.

- **Photos:** Don't post photos or videos online without getting your parents' permission.

- **Online Friends:** Don't agree to meet an online friend unless you have your parents' permission. Unfortunately, sometimes people pretend to be people they are not. Remember that not everything you read online is true.

- **Online Ads:** Don't buy anything online without talking to your parents first. Some ads may try to trick you by offering free things or telling yout hat you have won something as a way of collecting your personal information.

- **Downloading**: Talk to your parents before you open an email attachment or download software. Attachments sometimes contain viruses. Never open an attachment from someone you don't know.

- **Bullying:** don't send or respond to mean or insulting messages. Tell your parents if you receive one. If something happens online that makes you feel uncomfortable, talk to your parents or to a teacher at school.

- **Social Networking:** Many social networking websites (e.g. TikTok, Snapchat, Instagram, Twitter, and Facebook) and blog hosting websites have minimum age requirements to sign up. These requirements are there to protect you!