



One Dollar Per Day, 365 Ways to Make a Difference



Could you spare just a dollar a day to help an abused child?

With a dollar a day - \$365 a year - you can help children who have experienced sexual and physical abuse, neglect and violence heal from trauma.

It costs DCAC \$5,000 a day to *prevent abuse, strengthen families, and restore childhood*, and we make every dollar count!

- This year, we've served more than 2,000 children and their families (that's 15%

more than in 2015) with crisis management, mental health treatment and family support.

- A further 3,000 children and their families received prevention and early intervention services in their homes, day care centers and schools.

We're asking you to give just one dollar a day - that's 365 ways to make a difference in the life of a child!

[DONATE NOW](#)

Halloween Safety



With Halloween just a few weeks away, we know parents and kids are busy preparing for a night full of trick-or-treating, costumes and fun. At DCAC, we want Halloween to be as fun, and safe, as possible. Here are our safety tips to make sure your little ones have a great night!

Costume Safety

- Choose costumes that are brightly colored and visible to any drivers.
- Use reflective tape to decorate costumes or bags to increase visibility.
- Make sure your child's costume is the right size to avoid tripping or falling.

Trick-or-Treat Safety

- Children under the age of 12 should not be alone at night without supervision. If children are old enough to go without supervision, consider giving them a cellphone and make sure they are with a group.
- Plan a trick-or-treat route in advance so that you know where older children will be at all times.
- Have children carry a flashlight or glow sticks to make them more visible to cars.
- Tell your children to always walk on sidewalks or paths.

Treat Safety

- Teach your children not to accept or eat anything that is not commercially wrapped.
- Inspect all of your child's treats before they eat them.

- Remove all choking hazards from treat bags.
- Consider packing your child a goodie bag with your own candy, so that they are not tempted to eat the candy they collect before you inspect it.



Upcoming Training Opportunities

In November, clinical psychologist Dr. Jerry Yager will present:

"A Brain-Based Treatment Approach: Using Neuro-Sequential Models to Guide Therapeutic Interventions."

Date: Tuesday, November 15th

Time: 8:30 a.m. to 11:30 a.m.

**Location: EKS&H, 7979 E. Tufts Avenue
Mt. Oxford Conference Room, 1st Floor
Denver, CO 80237**

Cost: \$65.00



Dr. Jerry Yager

REGISTER NOW

This training is proudly sponsored by the Rotary Club of Denver Southeast!



Thank you to EKS&H for sponsoring our event space!



If you have any questions, please contact Meghan at
MParman@DenverCAC.org or 303-825-3850.

DCAC joins Instagram!

This month, DCAC joined Instagram! We are so excited to begin regularly posting. If you have an Instagram account, make sure you follow [DCAC's Instagram](#) to keep up to date with all the new things happening here!

DCAC is also present on [Facebook](#), [Twitter](#) & [LinkedIn](#).

Like our work? Follow us today!



Problematic Sexual Behavior Program at DCAC

We are continuing to work with the University of Oklahoma to establish a treatment program for children with problematic sexual abuse behaviors and their families. This program is designed to eliminate problematic sexual behaviors and improve pro-social behaviors and adjustments in children. It is also designed to reduce stress and enhance skills in parents and other caregivers.

For more information about treatment for problematic sexual behavior in youth, please contact:

Gizane Indart, PsyD. at Gizane@DenverCAC.org or (303) 996-8580.



Support DCAC through Workplace Giving



Community Shares

Colorado's Community Giving Fund

DCAC is proud to partner with [Community Shares of Colorado](#) in workplace giving campaigns. Making charitable donations via paycheck contributions is a convenient option that allows incremental gifts to add up over the course of a year. A paycheck contribution of just \$1 a day - \$5 each work week - adds up to a \$260 annual donation!

Do you have an employee giving campaign at work? If yes, please choose the Denver Children's Advocacy Center as the recipient of your workplace giving pledge. If your company hosts workplace giving fairs and presentations, request DCAC be a featured nonprofit.

If you don't have an employee giving campaign, let your HR or Community Investment contact know you want to support DCAC through Community Shares. Contact Community Shares to help you start a campaign at Giving@CShares.org or 303.861.7507. If you have any questions regarding DCAC and Community Shares, please contact Meghan at MParman@DenverCAC.org or 303.825.3850.

Workplace giving is a great way to support the Denver Children's Advocacy Center!

Mountain West Young Credit Union Professionals volunteer at DCAC!



On Friday, September 23, DCAC had the pleasure of meeting a group from the Mountain West Young Credit Union Professionals (MWYCUP). Eighteen wonderful volunteers spent the morning on campus helping with a DCAC fall clean-up. This included tidying up our flower beds, raking up leaves, picking up trash, painting parking lot lines and even fixing a few doors! Our campus is completely transformed. We had a blast getting to know everyone from MWYCUP and we are very appreciative of all their hard work and kindness.
Thank you again MWYCUP!

Staff Corner



Meet Office Manager & Program Assistant, Meghan Parman

Meghan joined the DCAC team in 2016. She graduated from Wartburg College with Bachelor's Degree in Organizational and Public Relations. While pursuing her education, Meghan fulfilled her passion for serving others through her involvement in volunteering and employment at several nonprofit organizations. Before joining DCAC, she gained valuable experience interning with Edge of Seven and Water to Thrive. Meghan is very excited to put her skills to work to serve her local community.

What is your role at DCAC?

At DCAC, I am the office manager and program assistant. This involves a little bit of everything. My main responsibilities are welcoming children and their families, organizing all general office functions, supporting the development and operation teams and managing all social media marketing.

What do you find most rewarding?

The most rewarding part of working at DCAC is knowing that each day you're making a difference. Even if that difference is small, it is still progress towards a brighter world.

What do you find most challenging?

The most challenging part of my job is definitely juggling all the different parts. I play a lot of different roles at DCAC and while I love that, it can sometimes become a little crazy. I am always up for a good challenge though.

If you had a superpower, what would it be and why?

If I had a superpower, I would definitely want to be able to fly. I love to travel and explore new places. If I could fly, I could go wherever I want without ever having to sit in an airplane or car again!

What do you love to do when you are not working?

When I'm not working I love to be active and get outside. I love hiking, running, rock climbing and snowboarding - anything that gets me outside to explore

Colorado.

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See what's happening on our social sites:

