



Help Us Change the Statistic of Child Abuse on Colorado Gives Day!



At the Denver Children's Advocacy Center, we are working to change the statistic of childhood sexual abuse. Through our work, we strive to improve the lives of children who have experienced abuse, violence and trauma. By doing this, we are preventing abuse, strengthening families, and restoring childhood for victims of child abuse in our community.

On Tuesday, December 6th, you can help change the statistic.

By supporting the Denver Children's Advocacy Center on Colorado Gives Day, you will be directly impacting our community's most vulnerable children. Because the odds of a child being sexually abused should be as high as the odds of a child playing

for the Broncos.

To learn more about DCAC, schedule your donation, or contribute now - please click the link below.

 [Donate Now](#)

Young Donors Make A Difference



This month, we were honored to meet two young DCAC donors. Eight year old twins, Taylor and Addyson, surprised us with a donation of brand new toys for our clients! With the holiday season upon us, we are always in need of new toys to give away to our clients as Christmas gifts.

We were so grateful to meet Taylor and Addyson and we are so happy that they decided to donate to DCAC! We are always so inspired by all of our young donors who give back to their community. Thank you again, Taylor and Addyson!

One Dollar Per Day, 365 Ways to Make a Difference



Could you spare just a dollar a day to help an abused child?

With a dollar a day - \$365 a year - you can help children who have experienced sexual and physical abuse, neglect and violence heal from trauma.

It costs DCAC \$5,000 a day to prevent abuse, strengthen families, and restore childhood, and we make every dollar count!

- This year, we've served more than 2,000 children and their families (that's 15% more than in 2015) with crisis management, mental health treatment and family support.
- A further 3,000 children and their families received prevention and early intervention services in their homes, day care centers and schools.

We're asking you to give just one dollar a day - that's 365 ways to make a difference in the life of a child!

[DONATE NOW](#)

DCAC Staff Retreat

At the Denver Children's Advocacy Center, we value relationships with our coworkers. We believe that to be a team that works well together, we must be invested in each other. With multiple new staff members joining the team over the past few months, we thought it was the perfect opportunity to have a staff retreat.

For two days in early November, all the DCAC staff members packed up and drove to the YMCA of the Rockies in Estes Park, Colorado for a few days of hiking, relaxing, and getting to know each other. Groups of staff members went on various hikes in Estes Park and Rocky Mountain National Park. One group even saw a bear and her two cubs! We cooked delicious food, chatted with each other, and played some team bonding games. Overall, the retreat proved to be a great time for everyone to unwind and learn more about the DCAC team.



Problematic Sexual Behavior Program at DCAC

We are continuing to work with the University of Oklahoma to establish a treatment program for children with problematic sexual abuse behaviors and their families. This program is designed to eliminate problematic sexual behaviors and improve pro-social behaviors and adjustments in children. It is also designed to reduce stress and enhance skills in parents and other caregivers.

For more information about treatment for problematic sexual behavior in youth, please contact:

Gizane Indart, PsyD. at Gizane@DenverCAC.org or (303) 996-8580.



Staff Corner

Meet Bilingual Child & Family Therapist, Jessica!

Jessica joined the DCAC team in 2014 with more than 10 years of experience working with children, teens, and families. She spent six years in urban schools, first as an ESL

teacher in East Harlem, then as a bilingual therapist at a school-based health clinic in Manhattan, and finally as a K-8 school counselor in Northeast Denver. Jessica holds master's degrees in education and social work. She is also a registered yoga teacher for children and adults, and she regularly incorporates mindfulness, breath-work, and movement in her therapy with clients.



Q: What is your role at DCAC?

A: I provide individual and family therapy to children, teens, and caregivers at DCAC's main campus. In addition, I provide therapeutic services in the community, both as a mental health consultant at Adams County Head Start and a school-based therapist for pregnant and parenting teen mothers who attend Florence Crittenton High School in Denver.

Q: What do you find most rewarding?

A: My job is incredibly rewarding. I have the privilege of working alongside resilient children and families as they address painful emotions on their way to healing from trauma. I love to hold space for my clients to express their feelings in creative ways, whether it be through play, art, music, movement, or in the sand. The best part of my job is that I get to witness profound transformations every single day.

Q: What do you find most challenging?

A: One of the most challenging parts of my job is saying goodbye to my clients and their families. I'm always touched by the relationships we create together, and it's difficult to let those relationships go.

Q: If you had a superpower, what would it be and why?

A: If I had a superpower, it would be to freeze certain moments in time. There are so many special moments that I have witnessed in my life, both professionally and personally, and I wish that I had the ability to freeze those moments so that they could remain intact for longer than a fleeting instant.

Q: What do you love to do when you are not working?

A: When I'm not working at DCAC, I try my best to take good care of myself, my family, and my home. I love to spend my time outside in nature. My favorite activities include gardening, hiking, backpacking, running, biking, and snowshoeing. I have a regular yoga practice that keeps me centered, and I also enjoy cooking, baking, and listening to live music with my husband.

Denver Children's Advocacy Center | 303.825.3850 | www.DenverCAC.org

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