

DENVER SAFE FROM THE START

KEY CONCEPTS



1. Safety Rules

Children learn personal safety in the context of other safety training. They learn that there are specific safety rules regarding touch.

2. Touch

Children learn that there are safe, unsafe, and unwanted touches. Children have a right to say how and by whom they are touched.

3. The Safety Steps

Children learn the Safety Steps: (1) Say words that mean “NO”; (2) Get away; (3) Tell a grown-up. These steps help children generate a variety of ways to respond to inappropriate requests and remove themselves from unsafe situations.

4. Support Systems

Children learn to identify specific people to whom they can go for help. They learn to persist in asking for help until they get it. They learn that all sexual contact with adults, even that which they have successfully resisted, must be reported.

5. Body Parts

Children learn that certain parts of their body are private and not to be touched by others except for health or hygiene reasons.

6. Blame

Children learn that sexual contact with an adult is never the child’s fault, no matter how it started or how long it lasted. It is always the adult’s fault.

7. Secrets

Children learn not to keep touching secrets.

For more information, please contact us at Prevention@DenverCAC.org