



Denver Children's Advocacy Center presents

Art from the Heart

September 9th from 5:30 p.m. to 8:30 p.m.
at Space Gallery in the Santa Fe Art District

Join us in the celebration & learn more about DCAC!

For more information & to purchase tickets, please go to:
www.DenverCAC.org/events/art-heart

2016 Sponsors

			
			

Art from the Heart will make its debut on September 9, 2016, at the beautiful and unique Space Gallery, located in the Santa Fe Art District. This event will feature the art work from some of DCAC's children. By featuring their work, Art from the Heart will help draw attention to the transformative power of art and the art therapy utilized by DCAC in working with traumatized children. This distinctive event will help to raise funds for DCAC's many programs that provide a positive impact on the lives of children that are seen at their facility, as well as children in the community.

EVENT HAPPENINGS

- Wine Pull
- Live Auction
- Interactive Art Activities
- Live Music

Join the celebration & learn more about DCAC!

BUY TICKETS NOW

Back to School 101: How to Keep Your Child Safe at School



As back to school season is officially in full swing, we know parents, teachers, and young students have back to school to-do lists that are jam-packed! The one back to school essential you won't want to miss is our guide to keeping children safe at school.

1. Discuss safety rules with children.
2. As a parent, teacher, or caregiver, become familiar with [the signs and symptoms of child abuse](#).
3. Educate yourself about [what are okay behaviors and what are not okay behaviors](#) to see a child displaying.
4. Learn [what to do when you witness mistreatment or abuse](#) & how you can help.

Read more tips and learn about our [Denver Safe from the Start prevention program](#).

Interested in Volunteering at DCAC? Join Us for our Volunteer Orientation!

What? An opportunity for individuals interested in volunteering to learn about DCAC, what volunteers at DCAC do, and tour our campus.

When? Tuesday, August 23rd from 5:00 p.m. to 6:00 p.m.

Where? Denver Children's Advocacy Center-2149 Federal Blvd. Denver, CO 80211

If you are interested in attending our volunteer orientation, please fill out a [volunteer application](#) on our website prior to attending.

If you have any additional questions, please contact Meghan at (303)825-3850 or mparman@DenverCAC.org



Two Young Philanthropists In The Making

In July, two young gentlemen reached out to DCAC about donations they had collected. Jake had been collecting donations for his Bar Mitzvah project. He collected toys, games, puzzles, coloring books, and more for over six weeks! We were so honored to meet Jake and learn about his project. Mazel Tov on your upcoming Bar Mitzvah, Jake!



A few days later, Kyle surprised us with a visit to DCAC to tell us he had collected art supplies in honor of his recent birthday. His donation included paint, markers, colored pencils, and sketch books. Kyle's art supplies will be used by our therapists during their art therapy sessions. Happy Birthday from everyone at DCAC, Kyle!



We were incredibly excited to meet these two awesome donors and so happy that they decided to support DCAC. Thank you again, Jake and Kyle!

DCAC Staff Outing



Statistics show that taking the time to enjoy employee gatherings outside of the workplace leads to strong relationships with co-workers that foster happiness and productivity.

Due to the nature of care and work that DCAC staff do it is important for all of us to recharge our batteries every once in awhile. Besides just having fun, our team outings serve a deeper purpose and have a positive impact on our workplace, as well as the services we provide. Earlier this month we took an afternoon to do just that! We had a blast at a local bowling alley and even saw a little healthy competition amongst the teams!

Staff Corner

**Meet Child & Family Therapist
Intern - Jamie Guedez**



Jamie graduated from Colorado State University with her undergraduate degree in Human Development and Family Studies, and earned her Early Childhood Educator's License. She has worked closely with family and children for over ten years and recently obtained her Master's degree in Clinical Mental Health Counseling. Jamie is a Colorado native who is passionate about connecting with and helping children and families.

Q: What is your role at DCAC?

A: I work with children, adolescents, parents, and families to address and process trauma, identify and acknowledge emotions, and increase the use of positive coping skills. I also work with clients to discuss and improve the quality of their relationships, provide them support through their therapeutic journey, and encourage and enhance overall wellness.

Q: What do you find most rewarding about your role?

A: One of the most rewarding parts of what I do is connecting with individuals. While it takes time to develop a therapeutic relationship, seeing a client put the time, energy, and effort into doing so demonstrates their capability to be vulnerable, which is challenging, as well as their desire to grow.

Q: What do you find most challenging about your role?

A: One of the most challenging parts of the work that I do with clients is sitting with them while they remember, or perhaps learn for the first time, to be kind, gentle, and encouraging to themselves. Finding time to take care of ourselves can be quite challenging. I like to encourage the clients I work with to do things they love.

Q: If you had a superpower, what would it be and why?

A: I really enjoy my one-on-one time with my clients. If I had a superpower it would be to complete all of the paperwork I am responsible for more quickly so I could spend that valuable time with my clients!

Q: What do you love to do when you are not working?

A: When I am not working I love to stay active outdoors. I also enjoy listening to music, reading articles on mental health, and spending time with my family and friends. I also enjoy attending therapy myself.

DCAC is on LinkedIn

At DCAC, we have been striving to improve our social media presence and engage with our followers and supporters. While we are currently active on Facebook and Twitter, we have decided to add a third social media account to our organization. We are now officially active on [LinkedIn](#)! Although we have been a member of LinkedIn for a few years, we are now active and look forward to connecting with you. Check out all of our social media accounts for DCAC updates, health tips, fun ideas, and more.



Denver Children's Advocacy Center | 303.825.3850 | www.DenverCAC.org

See what's happening on our social sites:

