

# THE DENVER CHILDREN'S ADVOCACY CENTER'S MONTHLY NEWSLETTER



## Art from the Heart is Less Than One Month Away!

The Denver Children's Advocacy Center presents  
— The 3rd Annual —  
**Art from the Heart**  
September 13th, 2018  
Space Gallery - Denver, Colorado  
5:30 p.m.

The poster features a circular logo on the left with three hands (orange, blue, green) and the text 'Denver Children's Advocacy Center' and 'Benefiting children traumatized by abuse, neglect and violence'. The event details are on the right against a green background.



Lucy Ana Walton - Art from the Heart 2018 Honoree

Have you purchased your ticket yet? Join us at our annual fundraiser for an exciting evening honoring Lucy Ana Walton!

**Ticket Prices:**

- \$40 - Young Professional
- \$50 - General Admission
- \$100 - VIP

**Buy Tickets Now!**

Are you or your company interested in sponsoring Art from the Heart 2018? [Please click here to view our 2018 Partnership Packet.](#)

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Help Every Child Be Ready to Learn in School This Year!



As kids head back to school, there will be heartwarming stories in the media about donated school supplies, and more hard-hitting features about academic achievement and standardized tests.

**At DCAC, we think the bigger question is: Are these children ready to learn?**

For too many students, the answer is NO. Children who have been subjected to sexual and physical abuse are not ready to learn. Neglected children and those living in chaotic and violent homes are not ready to learn.

**These children cannot concentrate, cannot sit still, they act out or are unnaturally withdrawn. These children suffer from trauma. Traumatized children will never be ready to learn no matter how much effort is put into teaching and testing.**

At DCAC, we help children be ready to learn by...

Protecting them from abuse, neglect and violence through prevention programs for students, parents and teachers. **Denver Safe from the Start reaches more than 4,000 Denver Public School students ages 3-10.**

Intervening early in the lives of struggling single-parent families to help them be the best parents they can be and raise healthy, well-adjusted children. **The Community Outreach Mental Health Initiative reaches more than 1,000 children.**

Providing evidence-based interventions for traumatized children that "reroute" the brain's neural pathways, and teaching their parents how to support healing and healthy development. **Our Assessment and Treatment Program helps more than 750 children heal from trauma.**

You can help DCAC make sure every child is ready to learn in school this fall. Please consider making a gift to the Denver Children's Advocacy Center.

**Give Now!**

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**Please join us for the 1st Annual KB Home Charity Golf**

# Event Supporting the Denver Children's Advocacy Center!



KB Home has been a proud supporter of the Denver Children's Advocacy Center, and they want to thank you in advance for your support as they know that it will make a difference in the lives of children throughout the Denver area.

Join us for a day of fun and fundraising with golf, food, margaritas, games, contests, fun prizes, and more.

**When?** Wednesday, September 12th

**Where?** Raccoon Creek Golf Course - 7301 West Bowles Avenue Littleton, CO

**What time?** Registration - 12:30 p.m. | Shotgun Start - 1:30 p.m.

**Cost?** \$150 per player

**Questions?** Please contact Meghan Parman, Development Associate, at MParman@DenverCAC.org or 720.974.7231

[REGISTER NOW](#)

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**UPCOMING TRAINING: Promoting Childhood Resilience Through Trauma-Sensitive Yoga & Mindfulness with Jessica Gershwin**

# UPCOMING TRAINING



Join us to learn how yoga and mindfulness practices can promote resilience and mitigate the consequences of childhood trauma. This training is designed for educators, social workers, mental health clinicians, and other professions who work directly with traumatized children, teens, and families.

**When?** Tuesday, September 25th from 8:30 a.m. - 12:30 p.m.

**Where?** Community First Foundation -  
5855 Wadsworth Bypass Unit A Arvada, CO 80003

**Cost?**

Early Bird Registration (before September 10th) - \$50

Regular Registration - \$65

**Questions?** Please Contact DCAC's Office Manager + Program Assistant,  
Anna Friedman, at [Anna@DenverCAC.org](mailto:Anna@DenverCAC.org)

## Training Objectives Include:

- Define childhood trauma and understand its impact on brain development
- Learn why yoga and mindfulness are effective tools for promoting resilience
- Identify essential components of trauma-sensitive yoga and mindfulness interventions
- Practice simple yoga and mindfulness exercises that are accessible, adaptable, appropriate, and effective for building resilience among traumatized people

[REGISTER NOW](#)

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# JOIN OUR BOARD

LOOKING TO MAKE A DIFFERENCE IN THE LIVES OF  
DENVER'S MOST VULNERABLE CHILDREN?

WE ARE SEARCHING FOR DEDICATED, PASSIONATE  
INDIVIDUALS TO JOIN THE DENVER CHILDREN'S  
ADVOCACY CENTER'S BOARD OF DIRECTORS.

Are you looking to make a difference in the lives of Denver's most vulnerable children? You're in luck! We are looking for individuals who are passionate about the work we do to join our Board of Directors.

Please contact Meghan Parman, DCAC's Development Associate, at [MParman@DenverCAC.org](mailto:MParman@DenverCAC.org) for more information.

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## Denver Safe from the Start Wants to Come to Your School!



Denver Safe from the Start wants to come to your school! **Denver Safe from the Start** is DCAC's ECE-5th Child Abuse Prevention program. The program focuses on safety and child sexual abuse prevention. **We use a curriculum from the nationally renowned Committee for Children, especially designed for the prevention of childhood sexual abuse.**

The program consists of 6 lessons that are 15 to 20 minutes long. *All lessons can be taught in Spanish.* We can also provide trainings to school staff and parents on safety, prevention, and child abuse. Additionally, there is a possibility for a weekly parent group. These trainings are facilitated by licensed professionals.

Safe from the Start has been presenting in Denver Public Schools for the

last 8 years. Our curriculum has been approved by the Administration at Denver Public Schools.

This program meets the requirements for Erin's Law, which states that public schools in each state must implement a prevention-orientated child sexual abuse program.

Click the links below for more information:

[Safe from the Start Curriculum](#)  
[Safe from the Start Key Concepts](#)  
[Erin's Law](#)

Do you want to learn more about how you can bring Denver Safe from the Start to a school near you? Please contact Cathy Hay, Prevention Program Manager, at [cathy@denvercac.org](mailto:cathy@denvercac.org) or 303.996.8583

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## Meet Bilingual Intake Coordinator Intern, Monsi!

### What does your average day at DCAC look like

At DCAC, I work with Raquel Hernandez, Intake Coordinator, and she teaches me about intakes and how to conduct them. She is my mentor here, so on an average day, I spend most of my time shadowing Raquel and learning a lot from her. She takes me to meetings that are beneficial for my learning and lets me sit in on and shadow her orientations and intakes.

### What do you find most rewarding about your role at DCAC?

I have not been here that long but I believe that the most rewarding thing about my role here will be to see the smiles on children's faces. I love to see kids smiling and if I can help them smile more, that would be very rewarding for me.

### What do you find most challenging?

As of now I do not really find anything that challenging. I am learning a lot so it is a little difficult to keep track of everything but I know that in time and with Raquel's help, I will get the hang of everything.

### What do you love to do when you are not working?

I love to spend time with my family when I am not working. Movie nights are the best in my family. I love cuddling with my dog on the couch while we watch a movie. My mom always makes so many snacks and we just enjoy being with each other in the moment. Something else that I love to do on my time off is self-care. I love getting my nails done, getting facials, and all that fun beauty stuff.



### What is your hidden talent?

I am really talented at losing things. I studied abroad last year and I managed to lose my passport and my debit card... all in one day. Not a great skill to have!

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Denver Children's Advocacy Center | 303.825.3850 | [www.DenverCAC.org](http://www.DenverCAC.org)

See what's happening on our social sites:

